Systems Biology & the Pharmaceutical Industry

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Drug Discovery What is disease?

- A condition which alters or interferes with the normal state of an organism and is usually characterised by the abnormal functioning of one or more of the organism's systems, parts or organs
- Diseases can be complex but the basic cause can often be traced to an infectious agent such as a bacterium or virus or to the over- or underactivity of a key cellular process or control mechanism

Drug Discovery Pharmaceutical drugs – what are they?





Drug Discovery in the Early Days





Drug Discovery: Golden Age





Drug Discovery: 21st Century





The Genome Revolution: Hope & Expectation

- Huge advances in genetics, molecular
 & cellular biology and supporting technologies
- Acquisition of highly detailed molecular information in high quantity and quickly
 - Ability to define disease at the molecular level, with expectation that this would increase understanding
 - Hope that this would deliver novel therapies quickly





Drug Discovery and Development in the 21st Century





Pharma Challenges



- Rising cost of R&D but not paralleled by increased number of NME approvals
- Increased risk due to increased difficulty of developing innovative molecular targets

- Continued attrition due to tox and lack of efficacy
 - Regulatory environment more challenging: risk/benefit ratio increasingly difficult to achieve





R&D Process



Drug Discovery Discovery-led activities: the early stages



Drug Discovery Development-led activities: the later stages



Target Identification Phase

Goal:

Identify a target whose modulation could provide clinical benefit in a relevant disease

Lead

lentification

• Most targets are proteins

Target

Identification

 Large biomolecules with a biological function

- Most drugs are small compounds
 - Interact physically with target
 - Alter biological function of target

Hit

dentification





CD

lomination

Lead

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Drug Discovery Strategies for target identification

Biological understanding

- Study of diseases in whole organisms
 - Clinical sciences
 - In vivo animal studies
- Molecular approaches
 - Driven by advances in molecular biology

Target Identification Biological Understanding

- Based on good biological intelligence understanding biological systems and how they work
- Traditionally the main target discovery strategy
- Remains important for diseases in which the relevant phenotype can only be detected at the whole organism level, e.g.
 - Atherosclerosis
 - Obesity
 - Heart failure
 - Neurodegenerative disorders
 - Hypertension
 - Behavioural disorders



Target Identification Molecular approaches

Driven by technologies that attempt to correlate molecular changes with human disease:

- •Gene expression: genomics
- Protein expression: proteomics
- •Genetic variation: genetic association
 - Absence or mutation of a particular gene can result in serious disease or risk of contracting a disease
 - e.g. Apolipoprotein E cardiovascular disease
 - BRCA 1 and 2 breast and ovarian cancer



Hit Identification Phase



Develop a High Throughput Screen (HTS) •Screen large compound libraries: 50'000 – 1'000'000





Lead Identification Phase

Goal:

Identify several structurally distinct chemical series that produce the desired pharmacological effects, have acceptable drug like properties and are patentable.



- Develop Structure Activity Relationship (SAR) with respect to
 - Potency
 - Selectivity what other targets are affected?
 - Drug Metabolism and Pharmacokinetics (DMPK)
- Apply knowledge of target protein structure to chemical design





Drug Discovery Lead Optimisation

The application of medicinal chemistry to produce optimised analogues of a lead series to deliver one or more Candidate Drugs (CDs)

Lead Optimization Phase

Goal: Identify 2-4 compounds that meet the CDTP

- Optimise lead compounds with respect to •
 - Potency
 - Selectivity
 - DMPK

Target

Identification

- Effects in disease
- Model safety
- Scale up chemistry
- Define Clinical strategy: markers of drug action 0 and disease effect.

Lead

dentification

Hit

dentification

CD lomination Optimization

Lead



Aims of Lead Optimisation

- Achieve in vivo efficacy in a disease and/or pharmacodynamic model, predictive of human disease, using a dose and dosing schedule consistent with the proposed clinical use in humans
- Manage target-related toxicity and minimise offtarget toxicity based on predicted human levels of drug when dosing according to the proposed clinical schedule in human subjects
- If all of the desired properties are delivered, then the next step is to plan the track into human dosing for Proof-of-Principle and then Proof-of-Concept studies



Moving from Candidate Drug to Proof of Principle

- Discovery Medicine is critical
 - Integration of pre-clinical and clinical data
 - Patient data will drive target validation
 - Development of biomarkers that facilitate early "stop/ go" decisions in phase II
- Involves close collaboration with Development partners



Pharmaceutical Industry

Discovery Medicine Integrating patient and pre-clinical information

- Mechanism: new targets from human tissues, validation – early data in man
- Model: Translational disease models: animals man
- Marker: Predictive response: Efficacy > safety, Appropriate patient populations

Clinical benefit > side effects

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Patients

Pharmaceutical R&D Costs



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Only 7% of candidate drugs become products: Reasons for failure



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The Consequences

- Fiercely competitive market
- Technologies -> high throughput screening strategies using 100,000's of compounds and biological assays relevant to disease mechanism
- Refinement of compound structure & activity to enhance benefit and reduce potential for side effects
- Increasing speed and volume through pipeline
- BUT: Significantly increased output from Discovery into Development not mirrored by increased success in development



The Consequences

Fiercely competitive market

Tech gies **Question:** usin ays Is turning the handle faster relev and pushing more Refir 0 compounds through the enha ects pipeline using the current Incre approach alone likely to be an effective solution? BUT erv into Development not mirrored by increased success in development





Post-Genome Issues

- Genetics & Molecular Biology have provided very detailed information on single entities associated with or linked to complex diseases
- Reductionist approach identifies single components and, possibly, their function, but
 - Only parts of a complex system
 - No information on cellular/ system interactions
- "....putting together rather than taking apart, integration rather than reduction..." Dennis Noble: "The Music of Life" OUP 2006





Henri Poincaré

(1854-1912)



"Science is built up of facts, as a house is with stones. But a collection of facts is no more a science than a heap of stones is a house."